

**July 29-Aug 2, Aug 12-16**

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack</b>	Mini Scone & Fruit Juice	Flatbread & WOW Butter	Muffin & Apple Slices	Brioche & Creamcheese	Raisin Bread & Yogurt Cup
<b>Lunch</b> <b>(Includes Fruit)</b>	Chicken Burger with Baked Potato Wedges & ketchup packet	Beef Tortellini in tomato sauce & Garlic Bread	6" Turkey Cheese Submarine Sandwich with mayo packet	Beef Meatballs with Mashed Potato, Gravy & Corn Niblets	Baked Chicken Fingers & Potato Hash Browns with Carrot Coins + <b>Chocolate Milk</b> 😊
<b>Afternoon Snack</b>	Fudgy Brownie & Fruit	Cheese & Crackers	Chocolate Chip Cookie & Fruit	Rice Krispie Square & Veggie Sticks	Nachos & Salsa
<b>Veg Option</b> <b>(Includes dairy &amp; eggs)</b>	Veggie Burger with Baked Potato Wedges & ketchup packet	Pasta with Tomato Sauce & Cheese with Garlic Bread	6" Veggie Submarine Sandwich with mayo packet	Veggie Meatballs with Mashed Potato, Gravy & Corn Niblets	Baked Veggie Fingers & Potato Hash Browns with Carrot Coins + <b>Chocolate Milk</b> 😊
<b>Halal Option</b>	Halal Chicken Burger with Baked Potato Wedges & ketchup packet	Pasta with Tomato Sauce & Cheese with Garlic Bread	6" Veggie Cheese Submarine Sandwich with mayo packet	HALAL Beef Meatballs with Mashed Potato, Gravy & Corn Niblets	Halal Baked Chicken Fingers & Potato Hash Browns with Carrot Coins + <b>Chocolate Milk</b> 😊

Fruit = Fruit will vary day to day. Based on availability/seasonality. Fruit provided can be fresh, canned, or frozen (always plain or unsweetened). Fruit choices may include apples, pears, oranges, pineapple, cantaloupe, watermelon etc. Assorted veggies = Veggies/veggie sticks vary day to day. Based on availability/seasonality. Veggies provided can be fresh, canned, or frozen. Veggie choices may include carrots, celery, bell peppers, cucumbers, cauliflower, broccoli, zucchini etc.

Please note this menu is subject to change, due to supply challenges. Substitutions may be made for the major allergens i.e., gluten, dairy, egg, and dietary restrictions i.e., Halal & vegetarian.



Aug 5\*\*-9, Aug 19-23

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Snack</b>	Mini Scone & Fruit Juice	Flatbread & WOW Butter	Raisin Bread & Yogurt Cup	Brioche & Creamcheese	Muffin & Apple Slices
<b>Lunch</b> (Includes Fruit)	Beef Burger with Baked Potato Wedges & ketchup packet	Chicken Shawarma Wrap	Chicken Parmesan Pasta & Carrots (Chicken pieces with cheese over pasta in tomato sauce)	Chicken Hot Dog & ketchup packet with Coleslaw	Macaroni and Cheese + <b>Chocolate Milk</b> ☺
<b>Afternoon Snack</b>	Fudgy Brownie & Fruit	Cheese & Crackers	Chocolate Pudding & Arrowroot Cookies	Rice Krispie Square & Fruit Juice	Chocolate Chip Cookie & Veggies
<b>Veg Option</b> (Includes dairy & eggs)	Veggie Burger with Baked Potato Wedges & ketchup packet	Falafel Wrap	Veggie Parmesan Pasta & Carrots	Veggie Hot Dog & ketchup packet with Coleslaw	Macaroni and Cheese + <b>Chocolate Milk</b> ☺
<b>Halal Option</b>	Veggie Burger with Baked Potato Wedges & ketchup packet	Halal Chicken Shawarma Wrap	Halal Chicken Parmesan Pasta & Carrots	HALAL Chicken Hot Dog & ketchup packet with Coleslaw	Macaroni and Cheese + <b>Chocolate Milk</b> ☺

**\*\*On August 6<sup>th</sup>, we will be sending Monday's lunch item.**

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